

# ST AUGUSTINE INSTITUTE MENU

## PRICE

	ECONOMY	REGULAR	EXECUTIVE
Breakfast	10,000.00	10,000.00	10,000.00
Mid-morning/evening	5,000.00	7,000.00	10,000.00
Lunch/Supper	20,000.00	30,000.00	40,000.00

## CHOICES

Breakfast	Coffee/tea, millet porridge, milk, bread, margarine, honey, jam/marmalade fruit, animal protein e.g. egg/sausage/bacon, katogo/ potatoes	Coffee/tea, millet porridge, milk, bread, margarine, honey, jam/marmalade fruit, animal protein e.g. egg/sausage/bacon, katogo/ potatoes	Coffee/tea, millet porridge, milk, bread, margarine, honey, jam/marmalade fruit, animal protein e.g. egg/sausage/bacon, katogo/ potatoes
Mid-morning/evening	Coffee/tea, pastries, chapatti/buns/cake or pancakes <b>1 ITEM SERVED</b>	Coffee/tea, pastries, chapatti/buns/cake or pancakes <b>2 ITEMS SERVED</b>	Coffee/tea, pastries, chapatti/buns/cake or pancakes <b>2 ITEMS SERVED + FRUIT</b>
Lunch//Supper	2 types of food 2 types of sauce Greens and fruit	3 types of food 3 types of sauce Greens and fruit	4 types of food 4 types of sauce Greens, fruit and juice

## LUNCH/SUPPPER SELECTION (TICK ACCORDING TO MENU CHOSEN)

	Lunch	Supper	Lunch	Supper	Lunch	Supper
<b>FOOD</b>						
Rice, potatoes, sweet potatoes, pasta, posho, millet meal (kalo), yam, cocoyam, gonja, pumpkin Irish potatoes Sweet potatoes, cassava, pasta (spaghetti, etc.), posho, millet meal (kalo), Yam, Gonja, pumpkin						
<b>SAUCE</b>						
Beef, chicken, fish, pork, goat meat, ground nut sauce, beans, peas, vegetables (nakati, dodo, cabbage, eggplant, bugga)						
<b>FRUIT</b>						
Water melon, pawpaw, pineapple, mangoes, ripe bananas, avocado						

The group coordinator may choose from the column to the left, the types of food they wish to have according to the menu category selected. This is done at the time of their booking.

